

Monmouthshire Health Walk - Caerwent Walk

DISTANCE

2 miles / 3.2 kilometres

TIME

1 hour

GRADE

Easy, one stile, two sets of steps

STARTING POINT

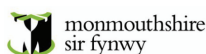
CADW car park at the west end of Caerwent

THE ROUTE

- 1 Turn right out of the car park and walk about 20 metres along the road
- 2 Cross a stone stile on the left where the road passes through the town wall and follow the path ahead
- 3 Follow this path around the outside of the town wall, turning left at the south-west corner
- 4 Continue through two gates and keep to the path which climbs a set of steps to top of the wall
- 5 Turn left at 'The Tump', a grassy mound at the south eastern corner of the wall, and continue along the top of the wall to the East Gate
- 6 At the East Gate, descend steps, leave the wall and turn right along the road heading out of the village (sign-posted to Chepstow)
- 7 At the junction with the main road, cross over to the footpath and turn left, following the footpath with the road on your left
- 8 Cross back over the A48 at the first light-controlled crossing and continue in the same direction along the lane below and parallel to the main road
- 9 Turn left along the narrow lane
- 10 Turn left again through a kissing gate and walk through the ruins of the forum and temple
- 11 Go through the kissing gate and turn right along the road
- 12 Turn right onto Pound Lane
- 13 Turn left through a gate by a small paved parking area to return to the car park

POINTS OF INTEREST

- A** The town of Venta Silurum was founded by the Romans in AD 75. Large sections of the town walls still exist and they are thought to be the best-preserved Roman town defenses in northern Europe. It was the main market town for the defeated Silures tribe.
- B** The Royal Navy Propellant Factory operated just north of the town from 1939 until 1965, producing explosives. For this it needed enormous amounts of drinking water, conveniently supplied by pumps draining the Severn Tunnel. Later the US military stored ordnance here and it is now used for military and public order training.
- C** The remains of Roman shops can be seen in Pound Lane. These were built around 120 AD and had a commercial area at the front and living accommodation behind.



KEY

- Walk route
- Public right of way
- Roads
- Parking
- Stile
- Gate
- Underpass
- Bench
- Bridge
- Footbridge
- Steps
- Church
- Pub
- Cafe
- Village Hall
- Railway line

