



View towards Welshpool 8

- 8 At a grass triangle, turn left towards Montgomery and follow the ridge road enjoying the views. Ignore several lanes off the main road and continue to a junction at the bottom of the hill.
- 9 Turn left and follow the road back into Montgomery. At the end of the road, turn right into Kerry Street and follow this back into the town.
- 10 To return directly to the car park, turn right into Back Lane after the sharp, left-hand bend on Kerry Street and continue to the end. The Crown pub is on your left. Turn right and you will soon see the car park on your left.

PLEASE FOLLOW THE HIGHWAY CODE

- Wear appropriate, high visibility clothing, suitable footwear and a cycling helmet
- Ride in single file on narrow or busy roads
- Do not cycle on pavements and obey all traffic signs
- Use front and rear lights when cycling in poor light

Designed and produced and by © sprout.uk.com • Printed by /mprint (01686 624137) • map data: openstreetmap.com

DESTINATION MONTGOMERY

Montgomery is a Healthy Life Town and our walking and cycling Trails aim to inspire visitors of all ages and abilities to enjoy the benefits of outdoor activity for their health and wellbeing. The Trails have been developed with the support of Big Lottery Fund 'Awards for All'!



1 LLANDYSSIL-ABERMULE

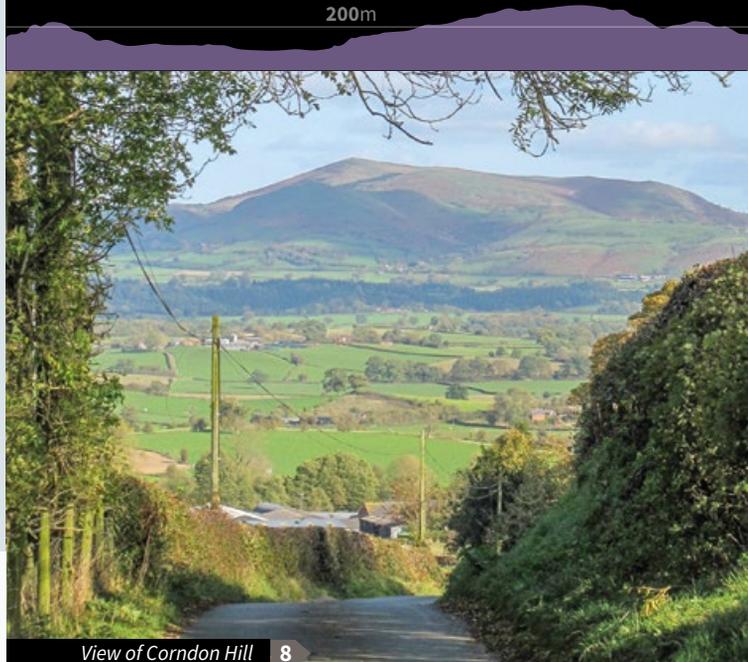
Following quiet, country roads, this is a relatively easy cycle ride once you've climbed the short, sharp hill out of Montgomery. The valley route takes you past Llandyssil and into Abermule. After a long, steady hill, you will be rewarded with fantastic views over the Kerry Ridgeway and later Montgomery Town Hill and Corndon.

 **18.5km (11.5mi)**  **1.5hrs**

Elevation Total Ascent: 335m

400m

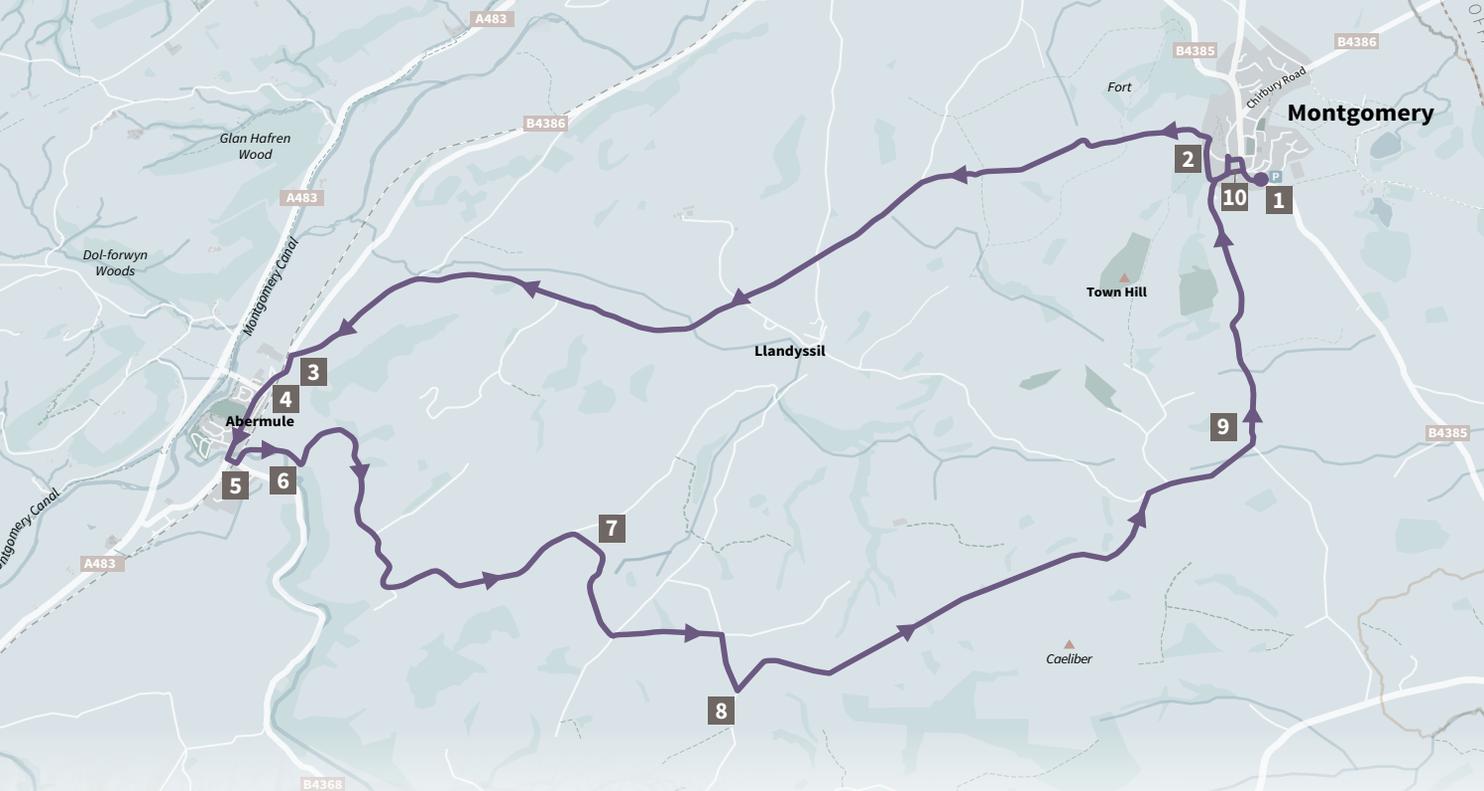
200m



View of Corndon Hill 8

Map OS Explorer 215 & 216
Toilets To rear of Town Hall
Parking at start/finish

Start/finish
 Recycling Car Park
 Bishop's Castle Road
 (B4385) SO 22470 96301



DIRECTIONS

- 1 Starting at the recycling car park, go to the main road and turn right towards Montgomery centre. Turn left into Broad Street, pass the Town Hall on the left and head towards the castle by turning left into Kerry Street. Follow the road round to the right, signed Llandyssil (Hill Road).
- 2 This section is steep but the view over Montgomery is worth it! After passing the Castle car park, continue towards Llandyssil, dropping down three hills. Go straight over two crossroads, unless you wish to detour into the village which is on your left.
- 3 Follow the road along the valley. At the end, turn left onto B4386. After a short distance, you will cross over a railway bridge.
- 4 If you wish to detour to the River Severn and Montgomeryshire Canal, turn right at the roundabout and travel a short distance until you see a red bridge. Otherwise, go straight ahead at the roundabout and into village of Abermule. Just before the Abermule pub, turn left on to the B4368, signed to Kerry.
- 5 Pass over a railway crossing and immediately turn left into the road signed for Cefn y Coed.
- 6 You now have a long but steady climb ahead of you. Follow the road as it climbs out of the village and into the countryside. Ignore all side roads until you reach a staggered crossroads by a white house – 4km (2.5 miles).
- 7 Continue straight over the crossroads signed for Cefn y Coed and stay on the main Montgomery road to the top of hill.