

Walk 1



Henlow Lakes and Arlesey Moat

Starting from St Mary's Church. An easy level walk, passing between lakes and riverside to Glebe Meadow and on through a nature reserve. ***There could be cattle in Glebe Meadow!***

DISTANCE:

5.8km (3.6 miles). Maps - Ordnance Survey: Landranger 153 and Explorer 193.

YOUR ROUTE:

With the Church on your left, walk between gatehouses, past Boyd Memorial Scout Field. After iron gates keep left through gap by field gate. Follow the track to Pass **Henlow Grange**, *Georgian House circa 1600*. After two field gates turn left into Henlow Bridge Lakes Riverside and Walks **1** *Note interpretative board*. Follow signed route around lakes and along bank of the river Hiz. Leave the area by a gate in the end fence **2**. Pass under flyover and turn left. Cross a **Stone Bridge** over River Hiz. Enter Glebe Meadow by gate in fence on the right, *Note interpretative board*. Follow path beside the river to reach a gate **3**. Enter the meadow. Follow worn path diagonally ahead over a bridge to enter Old Moat Nature Reserve **4** *Note interpretative board*. Keep to path ahead, bear right at the end and pass by an **Old Moat** to reach a riverside path. Follow this back to entrance gate **4**. With railway on your right, follow path ahead to reach gate in the boundary fence. Retrace your steps and re-enter Henlow Bridge Lakes area. Immediately turn left onto path between fences. On reaching the last of three gates **5**, cross over track onto a path between fences, soon passing commercial premises, shortly go through a field gate. Follow the fence on your left, pass a waymark post (**WP**), to reach another. Here turn obliquely right, follow route past **WP** in the field. Continue ahead and turn right onto a waymarked route **6**. Follow surfaced path between fences to a road junction. Cross to grass verge bordering the recreation ground. Turn left and follow path around into Park Lane, (*this is a one way street*). Pass Raynsford School on right, continue to road junction. St Mary's Church is on your right.

POINTS OF INTEREST:

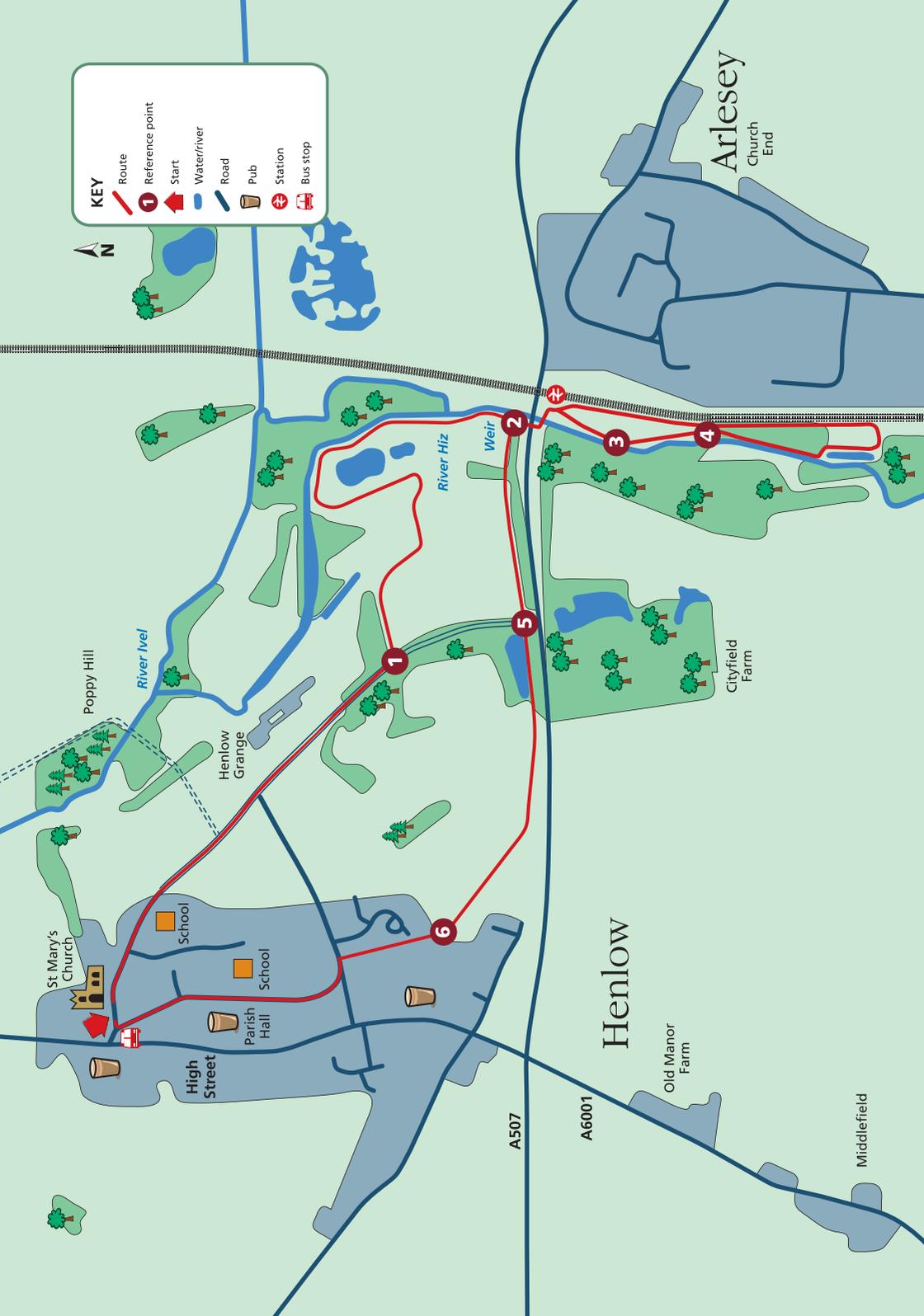
Henlow Grange: In 1936 Mrs Lennox Boyd came to live at the house with her four sons, three of whom were killed in the 1939 - 45 war. Their monuments are in the side chapel of St Mary's church. Her second son Alan took the title Lord Boyd of Merton when honoured for his services as Colonial Secretary.

Stone Bridge: In place before 1556. Uniquely it has cutwaters up and down river. There are two stones commemorating refurbishments, downstream 1683, upstream 1711.

Old Moat: 12th/13th century origin? Could have had up to four arms, one ran under the railway. Likely to have surrounded a dwelling, Arlesey Bury (manor house)?

KEY

- Route
- Reference point
- Start
- Water/river
- Road
- Pub
- Station
- Bus stop



Arlesey
Church
End

Cityfield
Farm

Henlow

Old Manor
Farm

Middlefield

A507

A6001

Poppy Hill

River Ivel

River Hiz

Weir

Henlow
Grange

School

School

Parish
Hall

St Mary's
Church

High
Street