

Walk 3



Henlow Heights

An easy walk starting from **Henlow Camp**, Hitchin Road, Henlow. (On A6001). There is adequate parking in the area, regular bus services, shops and a pub. The walk is over an area of varied landscape on good paths, through farmland, along the bank of the river Hiz and up to a fine viewpoint before returning to Henlow Camp. ***There could be cattle on Arlesey Common and Mill Pit Meadows.*** (There is an Easy Access area on this walk. See details below).

DISTANCE:

6.6km (4 miles). Maps - Ordnance Survey: Landranger 153 and Explorer 193.

YOUR ROUTE:

Walk away from shops area towards the RAF Station, passing the Main Guardroom on your right. Continue to reach Oldfield Farm Road **1**, see Hawker Hunter aircraft on the left. Follow the farm road to T-junction. Turn right, and continue to reach a line of poplars. Take waymarked path to left of the trees. At Waymark Post (**WPP**) by fence **2** turn left to follow path around Oldfield Farm. On reaching **WP** ahead turn right to **WP** by low wall. Turn left and walk diagonally right towards **WP** by row of trees **3**. Follow path to left of trees. At **WP** ahead turn right, at next **WP** by entrance to farmyard turn left. Continue on track to bridge over brook on Beds Herts boundary, *do not cross*. Turn left and follow winding path for about 1 km. Pass **WP** in hedge on right to reach gate in fence ahead **4**. Cross the meadow aiming for footbridge over river Hiz. Cross the bridge and turn left. This riverside path passes through a gate, on past houses before reaching a metal gate to your left. This is the entry to a riverside "easy access" area. Reaching a second gate to meadowland, follow riverside path to reach a bridge, **5** once site of Henlow Mill. Cross over and follow path to reach a gate in the hedge. Continue ahead passing two **WPs** on your left. *On reaching the top of this stretch take in the view, you'll be surprised!* Continue forward to reach two footbridges over ditches **6**. Cross over onto a cross-field path. Continue to reach a **WP** on right. Turn left onto tarmac road, passing wartime pillbox on right. Turn right into Oldfield Farm Road for return to your starting point.

POINTS OF INTEREST:

Henlow Camp: When construction of RAF Henlow started in 1917 the area was newly harvested wheat fields. The land had, in the past, been part of the Henlow Grange estate. The RAF station is still active but the airfield is now mainly used by civil aircraft and motorised gliders.

Easy Access Area: Can be reached by vehicle from Mill Lane, Arlesey. Drive to the end of the lane where there are two allocated parking places (by courtesy of the landowners). Follow the riverside path, *there are two appropriate fishing points on this section.* At the far end there is access onto a meadow path. This is usually firm.



KEY

- Route
- Footbridge
- Reference point
- Start
- Water/river
- Road
- Pub
- Bus stop



River Hiz
Mill Pits
Mill Pit Meadow

Weir **5** FB

Easy Access

Arlesey Common

FB

Arlesey

4

Laurels Grove

Susans Grove

Oldfield Farm

3

Lindas Grove

FB

6 FB

FB

Henlow

Avenue of trees

2

A6001
Henlow to
Biggleswade

Playing Field

School

Recreation Ground

Henlow Camp

Pavilion
Playing Field

Henlow Camp

A600
Bedford
Road



1

A600
Hitchin
Road