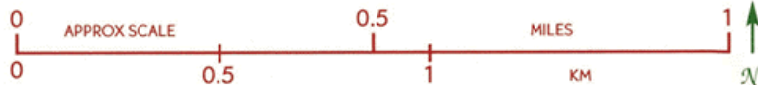


the routes



key

- | | | | | | | | | | | | | | |
|--|--------------------------|--|---------------|--|-------------------|--|-------------------------|--|--------|--|--------------|--|--------------|
| | waymarks for short route | | private track | | hazard | | waymarks for long route | | river | | water | | railway line |
| | waymarks for long route | | housing | | arable land/crops | | farm | | hedges | | public house | | |

