

# HIGH WOODS COUNTRY PARK

# EVENTS

# SUMMER 2018

**BOOKING AN ACTIVITY** To buy tickets for any of our bookable events, please call 01206 282920 or drop into Hollytrees Museum, Castle Park, CO1 1UG. Tickets cannot be purchased at the event.

<p><b>09 JUN</b></p> <p>Lexden Park 11am-1pm</p> <p><b>LEXDEN PARK WILDLIFE WALK</b></p> <p>What wildlife makes its home in this nature reserve? Join the Ranger to discover more. Bring Field Guides, ID books or binoculars.</p> <p>Wear suitable/appropriate footwear for conditions</p> <p>F CL no <b>FREE</b></p>	<p><b>10 JUN</b></p> <p>High Woods Country Park 11am-3pm</p> <p><b>FISHING FOR BEGINNERS</b></p> <p>A practical course for beginners to learn the basics of water safety, equipment, bait types and fish species. Let us know if you need to borrow equipment.</p> <p>Suitable for adults &amp; children ages 7+</p> <p>F VC yes <b>£6</b></p>	<p><b>23 JUN</b></p> <p>High Woods Country Park 10.30am-12.30pm 1.30pm-3.30pm</p> <p><b>WILDLIFE WALK</b></p> <p>A pleasant walk through the park with Colchester Natural History Society, spotting plants, birds, insects and wildlife.</p> <p>Bring a packed lunch For more information call Sonya 07770814282</p> <p>F VC no <b>FREE</b></p>	<p><b>08 JUL</b></p> <p>Hilly Fields 11am-1pm</p> <p><b>SUMMER INSECT AND BUTTERFLY WALK</b></p> <p>Who's living wild in the Hilly Fields? Join Colchester Natural History Society and the Ranger to find out. Bring Field Guides, ID books or binoculars if you have them.</p> <p>Wear suitable/appropriate footwear for conditions</p> <p>F SR no <b>FREE</b></p>
<p><b>17 JUL</b></p> <p>Cymbeline Meadows 7pm-9pm</p> <p><b>WILDLIFE WALK</b></p> <p>Evening walk through the meadows with Colchester Natural History Society to discover the park's plants, birds, insects and wildlife.</p> <p>For more information call Sonya 07770814282</p> <p>F Ch no <b>FREE</b></p>	<p><b>22 JUL</b></p> <p>Gosbecks Archaeological Park 11am-1pm</p> <p><b>WILDLIFE WALK</b></p> <p>Want to know what wildlife is living in this nature reserve? Join the Ranger to discover more. Bring Field Guides, ID books or binoculars if you have them.</p> <p>Wear suitable/appropriate footwear for conditions</p> <p>F M no <b>FREE</b></p>	<p><b>25 JUL</b></p> <p>High Woods Country Park 10am-12pm</p> <p><b>AMAZING ANIMALS</b></p> <p>Help the Ranger find signs of animal life and check the humane traps for mice or voles...then get creative making a sock animal to take home!</p> <p>Suitable ages 5+</p> <p>C VC yes <b>£4.30</b></p>	<p><b>01 AUG</b></p> <p>High Woods Country Park 10am-12pm</p> <p><b>POND DIPPING</b></p> <p>Search the depths of the pond and discover the amazing creatures that live there. Then join the Ranger for a craft session creating your own pond life keepsake.</p> <p>Suitable age 5+</p> <p>C VC yes <b>£4.30</b></p>
<p><b>05 AUG</b></p> <p>Westlands Country Park 11am-1pm</p> <p><b>WILDLIFE WALK</b></p> <p>Which creatures are living wild in the park? Explore the site with the Ranger. Bring Field Guides, ID books or binoculars.</p> <p>F JC no <b>FREE</b></p>	<p><b>08 AUG</b></p> <p>High Woods Country Park 10am-12pm</p> <p><b>FAIRIES + PIXIES</b></p> <p>Join the Ranger in looking for signs of fairies and pixies in the woods. Create a pixie picnic, make a fairy wind chime and discover the wonders of these small magical folk.</p> <p>Suitable ages 4+</p> <p>C VC yes <b>£4.30</b></p>	<p><b>10 AUG</b></p> <p>Wivenhoe Woods 7.45pm-9.45pm</p> <p><b>BAT EVENING</b></p> <p>Led by the Ranger, you'll enjoy using detectors to identify different bats on this group walk through Wivenhoe Woods.</p> <p>Please bring a torch</p> <p>F RA yes <b>£4.30 adult Kids FREE</b></p>	<p><b>12 AUG</b></p> <p>High Woods Country Park 2pm-4pm</p> <p><b>HISTORY TRAIL</b></p> <p>High Woods is a park with a history shaped by major events and interesting people. Learn all about them in this walk with the Ranger.</p> <p>F VC no <b>FREE</b></p>



## HEALTH WALKS

3, 8, 17, 22 June  
1, 6, 15, 20, 29 July  
3, 12, 17, 26, 31 August

Led by fully trained volunteer walk leaders our walks are an ideal way to improve fitness or mobility in a sociable atmosphere. More info 01206 853588 or email [countryside@colchester.gov.uk](mailto:countryside@colchester.gov.uk)



Visitor Centre 11am

Get Active

Stay Active

Have Fun!



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**BOOKING AN ACTIVITY** To buy tickets for any of our bookable events, please call 01206 282920 or drop into Hollytrees Museum, Castle Park, CO1 1UG. Tickets cannot be purchased at the event.

<p><b>14, 15, 18 AUG</b></p> <p>High Woods Country Park 12pm-3pm</p>	<p><b>15 AUG</b></p> <p>High Woods Country Park 10am-12pm</p>	<p><b>18 AUG</b></p> <p>High Woods Country Park 7.45pm-9.45pm</p>	<p><b>19 AUG</b></p> <p>High Woods Country Park 10.45am-3pm</p>
<p><b>BIG GARDEN 'NATIONAL ALLOTMENT WEEK' FESTIVAL</b></p> <p>Join us and learn about volunteering at the garden, what we do and why we do it and get stuck in to both the gardening and the cake!</p> <p><b>BG</b> <b>no</b> a charge applies for some items</p>	<p><b>DEN BUILDING AND SURVIVAL</b></p> <p>Can you build a den that can stand up to the 'rain shower' test with you and your 'tribe' inside? You'll also create a piece of natural art to take home.</p> <p>Suitable ages 6+</p>	<p><b>BAT EVENING</b></p> <p>Join a led walk around High Woods to identify different bats using special equipment. Please bring a torch</p> <p><b>F</b> <b>VC</b> <b>yes</b> £4.30 adult Kids FREE</p>	<p><b>VOLUNTEER TASTER DAY</b></p> <p>Love being outdoors? Come and find out about volunteering with the Ranger team. Booking is essential. Apply at <a href="http://www.colchester.gov.uk/volunteering">www.colchester.gov.uk/volunteering</a>.</p> <p><b>VC</b> <b>yes</b> <b>FREE</b></p>
<p><b>22 AUG</b></p> <p>High Woods Country Park 10am-12pm</p>	<p><b>29 AUG</b></p> <p>High Woods Country Park 10am-12pm</p>		
<p><b>STREAM SIDE FUN</b></p> <p>Join the Ranger for a walk to the stream, learn about different features of the stream and make your own mini-craft to race down it!</p> <p>Suitable for ages 6+</p> <p><b>C</b> <b>VC</b> <b>yes</b> £4.30</p>	<p><b>TREE TAG CHALLENGE</b></p> <p>Come and explore the woodland and see if you can complete the tricky tree tag challenge! The Ranger wants your help to find the biggest tree, the oldest tree and the tallest tree. Can you find and tag them all? And what about the mythical legend tree, where could that be? Branch out and make your own tree-themed crafts in this fun nature session.</p> <p>Suitable ages 4+</p> <p><b>C</b> <b>VC</b> <b>yes</b> £4.30</p>		

## Key:

- F** Family Activity
- C** Children Activity
- yes** Booking required
- no** Booking not required
- Meet Points:
  - VC** Visitor Centre
  - BG** The Big Garden
  - SL** The entrance off of Spring Lane
  - CL** The car park off of Church Lane, CO3 3S2
  - SR** The Sussex Road Entrance, CO3 3AQ
  - Ch** The small car park near the tennis courts on the Chase Way of Spring Lane / Bakers Lane, CO3 4AZ
  - M** Maldon Road car park, CO3 4RN
  - JC** James Carter Road Entrance, CO3 4RN
  - RA** Rosabella Avenue car park, CO7 9PA

Children must be accompanied at all events.  
All tools, materials and equipment will be provided.